

Returning to Child Care & Kids Activities

Checklist & Tips



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Are you ready?

- ✓ Does anyone in your household have medical problems that put them at high risk?
- ✓ What are the city and county doing? Check the [Alameda County COVID-19 Dashboard](#).
- ✓ Contact your child's health care provider for advice specific to your household.
- ✓ Contact your local resource for referrals 4Cs Of Alameda provides information on child care in your area and how to pay for childcare.



[510 582-2182](tel:5105822182)

SOURCE: ALAMEDA DEPARTMENT OF PUBLIC HEALTH

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What to look out for

- ✓ Program should have COVID Safety policy.
- ✓ There will be a health screening and temperature checks every dropoff.
- ✓ Expect routine handwashing, shoes sanitizing, and face covering use for all those age 2 and over.
- ✓ More outdoor activities.
- ✓ Ventilation improvements: HEPA filters, open windows, etc.



What to Expect

- ✓ Dropping off and picking up kids will mean wearing face coverings, staying outside, or in the car.
- ✓ All parents need to keep kids home when they are sick and report symptoms.
- ✓ Your Child Care center may close, so have a backup plan.
- ✓ Confirm payment expectations in the event of closure or absence.
- ✓ If your child has any symptoms, you will be asked to keep your child at home.



Source: Alameda Department of Public Health

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Coping During Pandemic

Local Resources That Help



California Parent & Youth Helpline

Emotional support for families challenged by pressures of COVID-19.

Call, text, or live chat Everyday from 8am to 8pm: 855-427-2736



Call

510-574-2000



Financial Navigators

Financial Navigators are available over the phone to help all residents of Alameda County access available programs and services to manage income disruptions and other financial concerns.

Domestic Violence Resource for Alameda County ([click to download full guide](#))



The Mobile Response Team provides emergency assistance and advocacy for women and children in immediate danger of violence in Alameda County. You can call their 24-hour crisis hotline for victims of domestic violence at [\(510\)757-5123](tel:(510)757-5123) or [1-800-947-8301](tel:1-800-947-8301).

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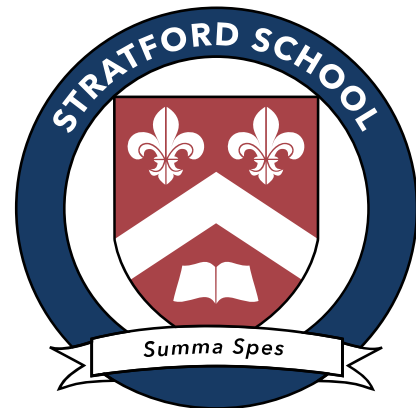
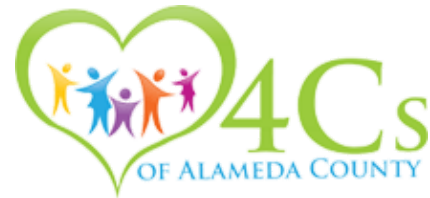
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OUR PANELISTS

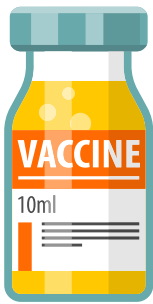
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Vaccine Resources



Bay Area Community Health

A COVID-19 vaccine clinic hosted by Bay Area Community Health will be held in Fremont. The clinics are only offering shots for those aged 65 years and older. Click [HERE](#) to schedule an appointment or call [510-770-8040](tel:510-770-8040).

Oakland Coliseum Mass Vaccination Site

A vaccination megasite sponsored by the Federal and State Government is now open at the Oakland Coliseum seven days a week from 9:00 AM to 7:00 PM. You must sign up for appointments in advance at the State's My Turn website or by calling [833-422-4255](tel:833-422-4255). Registrants must qualify for the vaccine under current State guidelines, which includes those 65 years and older, frontline workers, long-term care providers and educators.

Alameda County Fairgrounds

The County of Alameda joined Stanford Health Care - ValleyCare and Sutter Health has launched a large-scale, drive-thru vaccination clinic to serve Alameda County residents and health care workers. COVID-19 vaccination appointments will be available Wednesday through Saturday for Alameda County health care workers and residents aged 65 and older. The site will also be able to open to essential workers in the Food/Agriculture, Education/Childcare, and Emergency Services sectors. Drive-thru lanes will be available for each vaccination provider.

- Alameda County: Open 8 a.m. – 4:30 p.m., appointments are by invitation only at this time due to limited vaccine supply.
- Register for an appointment notification here: <https://covid-19.acgov.org/vaccines>. Stanford patients may schedule appointments online or by calling [\(650\) 498-9000](tel:650-498-9000).
- Sutter Health: Sutter patients may schedule appointments online or by calling [\(844\) 987-6115](tel:844-987-6115).

Tiburcio Vasquez Health Center

Tiburcio Vasquez Health Center (TVHC) in Union City is offering the vaccine to TVHC patients and community members ages 65 years and over, health care workers, educators, and food and agriculture workers. To make an appointment, click [HERE](#) or to learn more go to [TVHC's website](#).



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Vaccine Resources

(continued)



CVS

CVS is accepting appointments for free COVID-19 vaccinations throughout the State of California. Eligibility is based on the State's eligibility guidelines, which for now includes Phase 1a: health care workers and residents 65 and older and staff of long-term care facilities. They are routinely adding new appointments, so please check back often on [CVS website](#).

Kaiser Permanente

Kaiser Permanente is currently vaccinating health care workers, residents of long-term care facilities, and people 75 and older. As appointments become available, we'll reach out to members between the ages of 65 and 74 – focusing on those at highest risk of exposure or complications due to COVID-19. Find out about supply increases and appointment availability as it changes on their dedicated vaccine website or call the KP InfoLine at [1-855-550-0951](tel:1-855-550-0951) (available in English and Spanish) 24/7.

Sutter Health

Sutter Health is vaccinating patients age 65 and older and healthcare workers. Call [\(844\) 987-6115](tel:844-987-6115) to make an appointment or [book online on their website](#).

Stanford Health

Stanford Health Care is currently vaccinating health care workers who work in Alameda County and patients who have received care at Stanford Health Care at least once in the last three years, are aged 65+, and live in Alameda County. You can [book on their website](#) or call them at [650-498-9000](tel:650-498-9000).

Rite Aid

For appointment information, go here: <https://www.riteaid.com/pharmacy/covid-qualifier>. Do not contact individual stores for appointments or come to the store seeking a vaccination without an appointment.



Vaccine Resources

(continued)



Washington Hospital

Washington Hospital Healthcare System is ONLY offering the vaccine to the following eligible individuals:

Washington Township Health Care District residents who are 65 and older

Washington Township Medical Foundation patients who are 65 and older

Employees and physicians of the Washington Hospital Healthcare System and other eligible health care professionals, per Alameda County Public Health Department guidelines

Washington Township Medical Foundation patients who meet the criteria to be vaccinated can schedule vaccination appointments through their personal MyChart account. Community members can inquire about eligibility and appointments by calling our COVID-19 vaccination phone line at 510.248.8200, but please note that we are experiencing extremely long wait times in our call center.

Walgreens

Walgreens is following state-specific vaccination requirements for retail pharmacies. This may prevent some otherwise-eligible patient populations from being able to receive a vaccination from Walgreens at this time.

For appointment information, go here:

<https://www.walgreens.com/findcare/vaccination/covid-19?>

Disclaimer: Information is current as of 2/27, but eligibility and supply updates may be changed by the county [here](#).



VaccinateCA

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